



Ladies 3-Holer Fun Golf League



Come to Stonybrook on Wednesdays to learn golf, play 3 holes, and have fun!

When: Every Wednesday, May 6, 2026 – August 19, 2026.

No prior golf knowledge needed! Great for beginners and newbies.

Drop in league with no commitment. Play as little, or as many weeks as you like!

SIGN UP AS A SINGLE OR FRIEND GROUP!

PINK GROUP - **4:15pm – 5:15pm** Clinic with PGA Pro Jill Philips & 1 Associate
(max 12 ladies) **5:30pm – 6:30pm** 3 Holes of Fun Scramble Play

OR

PURPLE GROUP - **5:30pm – 6:30pm** Clinic with PGA Pro Jill Philips & 1 Associate
(max 12 ladies) **6:45pm – 7:45pm** 3 Holes of Fun Scramble Play

Cost: \$40/person - Includes Clinic, 3 Holes Golf, Rental Clubs if needed, & Pull Carts

Optional - Riding Golf Carts \$5/person. Tees/Balls for 3 holes \$5+/person

Signup: Online www.stonybrookgolfCT.com Click “Book a Tee Time” or 860-567-9977 x1

Sign up opens 7 days prior – Max 12 spots each group- first come first serve.

WEEK	DATE	TOPIC
1	May 6	Putting & Chipping
2	May 13	Short Game
3	May 20	Mid Game
4	May 27	Long Game
5	June 3	Putting & Chipping
6	June 10	Short Game
7	June 17	Mid Game
8	June 24	Long Game
9	July 1	Putting & Chipping
10	July 8	Short Game
11	July 15	Mid Game
12	July 22	Long Game
13	July 29	Putting & Chipping
14	August 5	Short Game
15	August 12	Mid Game
16	August 19	Long Game

TOPIC DESCRIPTIONS

Putting & Chipping – Students will learn to roll the ball to the hole on the green. Hitting shots around the green, controlling the speed and getting the ball close. **Equipment:** Putter & a Wedge or Short Iron

Short Game – Students will learn basics of setup, Grip-Posture-Stance = Target. Learning to swing small, getting the ball to go straight and in the air. **Equipment:** Wedge and Short Irons PW, 9, or 8

Mid Game – Students develop a good setup routine. Learning how to use a full swing to make contact, hitting down on the golf ball. Coaches will provide individual swing tips. **Equipment:** Mid Clubs, 7 iron - Hybrids

Long Game – Students will learn the differences in setup for longer clubs. Hitting the ball with good contact and speed for distance at the start of a hole. For more experienced beginners, longer clubs off the ground may be practiced during this session. **Equipment:** Driver & optional Fairway Woods

ATTIRE: Stonybrook's dress code is relaxed! Wear comfortable shoes, golf/tennis clothes, or acceptable athletic attire.